

## Nebraska Food Distribution Processed Commodity Fact Sheet

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**Name:** Pork Sausage Links, Cooked, Skinless

**Product Code:** 79363DFL

**Processor:** Zartic, Inc.

**Category:** Meat and Meat Alternate

**Date:** 6/6/2005

**Description:** Pork, seasonings and water are blended and formed into links. Fully cooked and frozen.

**Pack Size:** 380 servings per case

**Storage:** Store at 0 degree's F or below

**Preparation:** Place flat in pan frozen, do not overlap.

**Cooking:** Convection Oven: 350 F, 8-10 minutes. Conventional Oven 400 F, 10-12 minutes. Grill 350 F, cook each side 3-4 minutes. Cook to an internal temperature of 165 F. Cooking time and teperature will vary according to equipment used.

**Serving Size:** Two links (1.26 oz)

**Meal Contribution:** 1 meat alternative

Nutrition Facts			
Calories:	65.05	Protein:	7.82 grams
Total Fat:	3.20 grams	Carbohydrate:	0.70 grams
Saturated Fat:	1.11 grams	Cholesterol:	23.38 mg
Trans Fat:	grams	Calcium:	2.77 mg
Iron:	0.53 mg	Dietary Fiber:	0.02 mg
Sodium:	290.50 mg	Vitamin C:	0.37 mg
Vitamin A:	20.48 IU		